

PRAYER WALK

(2011 Oklahoma District Fall Retreat)

THE VOICE OF GOD

Do you hear Him? He speaks to our hearts. I know His voice, I have heard it many times before. Without hesitation, I stop and listen. He calms me and gives me peace, direction and love. When He says, "Go," I go. When He says, "Come to me," I follow Him.

Let us spend some quiet time with Him on a prayer walk, in His sanctuary.

Be Still

Lord, I come before You, quietly, into Your presence. Help me to make still my racing heart and my busy mind. I lay aside my hurried schedule, my to-do-lists, my anxiety over things to come. I surrender my empty hands. Help me to prepare my mind to receive You and find You in everything that surrounds me here in this beautiful and rich place that You have made for me. All I need do is cast each care upon You in faith, trusting that You will accept my offerings, relieving me of my burdens. Grant me peace and stillness.

Take time for reflection and silent prayer.

Be Worshipful

Lord, there is no other as great as You. How mighty You are my God! How marvelous are Your way, Your power works in each person who loves You. Nowhere in heaven or on earth is there One so wonderful and holy. O God, above the heavens, You are Great and worthy of my praise. You are the same yesterday, today, and forever, You are Eternal. You are the Alpha and the Omega, the First and the Last, the Beginning and the End, You are the Ruler of everything and everyone. Great things happen beyond my dreams as I praise and trust Your mighty presence.

Take time for reflection and silent prayer.

Be Thankful

Almighty God, You are good and the giver of all good things. All that You do, You do for me. All that I have comes from You. Thank You for Your mercies and for Your blessings, they are new every morning. I thank You for Your love for. You have forgiven me of all my sins and You saved my soul. You satisfy me with good things. You give me food, shelter, clothes, air to breathe, water to drink. You number the hairs on my head. You supply all my needs according to Your riches in glory by Christ Jesus. I lift my heart in thankfulness because I know You as my Savior and Lord!

Take time for reflection and silent prayer.

Confess Your Sins

Oh Lord, forgive me of my transgressions and prayerlessness. Forgive me of my sins, those that I recognize and those I that don't recognize. Search me, O God, and know my thoughts. I acknowledge above all, that I do not place You first in my life. My thoughts are not Your thoughts and my ways are not Your ways. My heart is not pure.

But how wonderful and marvelous You are! I have sinned and have fallen short of Your glory. You sent Your son, Jesus Christ, and He paid the price so that I may be free. You forgive me every day. I praise You over and over again!

Take time for reflection and silent prayer.

Clothe Yourself

Each time I align myself with Your will, I'm able to bring You my needs in faith, believing and trusting in You. I claim Your promises this day as my armor and my covering. I claim the cleansing through the blood of Jesus. I have confessed my sin and You have forgiven me of all my evil doing. You have forgiven of all my sins. You have sanctified me with the blood of Jesus.

I am strong. I am a child of God. I can do all things through Christ who gives me strength. I am safe and secure, kept in the palm of His hand. I am a temple of God and filled with the Holy Spirit. I am a vessel sanctified and ready for the Master's use.

Take time for reflection and silent prayer.

Cast Your Cares

I cast my cares on You today, for I know that You are caring for me. I bring You the burdens of my heart. Lord, take them that I may feel renewed, and ready to serve You. You have promised to supply me with my every need. You know my needs, I lay them before You. I trust in all that You do. Help me to keep Your will first in my life. Help me to obey You, my Father. Guide me with Your wisdom and direction. Thank You for being my Counselor and for giving me Your word to lead me and show me Your ways.

Take time for reflection and silent prayer.

Closing Commitment

I worship You Lord, because You are worthy of my praise and adoration. I worship You with my mind, my heart my soul and my body. I commit myself to You that You might fill me with Your Holy Spirit. Each time I pray, You hear me. How understanding and compassionate You are. I do not question Your love. You help me and give me strength. I quiet my heart so that I can hear Your voice. I quietly wait in Your presence. AMEN!

Take time for reflection and silent prayer.
